

# **Enrichment at Thornleigh Sixth Form**

### **Developing the Whole Student**

Our extensive programme at Thornleigh presents opportunities for you to go beyond your academic studies and the normal curriculum requirements of your chosen subjects. Developing your social, moral, spiritual and cultural strengths will give you the best chance of succeeding in education, work and society, whether that be securing competitive university and apprenticeship places, or employment opportunities beyond your time at Sixth Form.

### **Our Enrichment Vision**

Enrichment activities allow you to develop your interests, improve on your transferable skills and give you outlets to improve your mental and physical health. Importantly, enrichment can help you to achieve your future goals in numerous ways:

- Allow you to demonstrate to universities and employers, through real examples on your application/and at interview, that the option you are applying for is one that you are committed to and have relevant experience in. Admissions tutors and employers will be able to see that you have put thought, time and effort into pursuing your chosen path.
- Present opportunities to explore areas of interest to you, enabling you to experience
  different environments and develop your self-awareness and opportunity awareness in
  order to make well-informed and realistic decisions about your future direction.
- To learn and develop skills transferable to degrees, apprenticeships and employers. This
  point supports both previous points, as gaining confidence in your own ability will set you
  apart from other applicants, as well as finding different things you are good at.
- To broaden your horizons and develop your interests and life skills in a non-academic way - potentially building on old hobbies but also developing new ones.

#### **Our Enrichment Pathways**

The expectation is that students work to complete at minimum, the Bronze Award. You can achieve the Thornleigh Special Recognition Award alongside the Bronze, Silver, Gold or Platinum Award.

Every level of achievement will be recognised by the Sixth Form team with certificates of achievement and awards at the end of Year 13. Your engagement with the enrichment pathways will also be recorded on your UCAS application.

#### **Bronze Award**

Participation in one or more of the following for a full half-term: Chess Club OR Student Magazine OR Exercise and Fitness

#### Silver Award

#### **Gold Award**

#### **Platinum Award**

Bloom's Programme OR Being a reading mentor for a full half-term Student leadership responsibilities

# **Thornleigh Special Recognition Award**

High level sporting achievement OR

Committed and continued leadership in and out of school OR

Excellence in performing or other arts OR

Completion of Duke of Edinburgh OR

Achievement of high rank in any branch of cadets or St John Ambulance OR Completion of qualification (GCSE/A level/Music grading) outside school

Remember that other enrichment activities not listed here can be recognised as part of each level of award. It is important that you let your form tutor know anything you do outside school which could be celebrated and recognised.

### **Enrichment Award Details**

# **Volunteering - Work Experience**

Enrichment Level: Platinum, Gold, Silver or Bronze.

Entry Requirements: Join a local employer for a week of work experience where you should see how that business or organisation operates, shadow staff in their job roles and have the opportunity to ask questions to find out more about that industry and routes into that career.

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Time Commitment: 10 hours Bronze, 20 hours Silver, 30 hours Gold, 35 hours Platinum.

Outcomes: Gain self-awareness and opportunity awareness to support career decision making and applications for university or employment.

Evidence: Completed work booklet: enrichment record, self-assessment, supervisor reference and sign-off.

# **General Volunteering**

Enrichment Level: Platinum, Gold, Silver or Bronze.

Entry Requirements: Arrange your own volunteering, or continue volunteering your time in an activity you do already.

Description: Volunteering at weekends and evenings, for example teaching (unpaid) dance classes, helping at Scouts or Brownies/Guides, helping out in departments at school events (separate to Student Ambassadors), volunteering in departments in school.

Time Commitment: 10 hours Bronze, 20 hours Silver, 30 hours Gold, 35 hours Platinum.

Outcomes: Development of transferable skills and examples of a variety of experiences, activities and challenges.

Evidence: Completed work booklet: enrichment record, self-assessment, supervisor reference and sign-off.

# **Online Learning Courses**

Enrichment Level: Platinum, Gold, Silver or Bronze.

Description: There are numerous free and flexible online courses, covering a vast array of topics and an insight into studying for a degree. Lots of opportunities will be posted on the Thornleigh Medical Society Google Classroom. Future learn Open University Website Government online courses Learn direct Manchester University.

Outcomes: Develop independent study skills, gain knowledge in a specialist, degree relevant area of study, demonstrate your interest and ability in studying for your degree.

Evidence: Completion certificates.

### **Student Leadership**

Enrichment Level: Platinum, Gold, Silver or Bronze.

Description: Represent the School at events including Open Days and Progress/Parents Evenings, as well as student voice, campus tours etc. This may also extend to student leadership activities including organising and running fundraising and community events such as the Pensioners Christmas Party, lower school parties, charity fundraising.

Time Commitment: Set number of events and activities build to Bronze, Silver, Gold or Platinum. This can contribute to work experience/volunteering hours.

Outcomes: Develop a variety of skills, contribute to school and community.

Evidence: Enrichment record sheet and teacher register.

#### **MOOCs**

Enrichment Level: Platinum, Gold, Silver or Bronze.

Description: MOOCs are 'Massive Open Online Courses', short-term and bite-sized, offered by universities nationally and internationally. They are a free and flexible way to study with top educators, covering a vast array of topics and an insight into studying for a degree. Use the future learn website or the Open University Website. You will need to sign up.

Time Commitment: Set number of events and activities build to Bronze, Silver, Gold or Platinum. This can contribute to work experience/volunteering hours.

Outcomes: Develop a variety of skills, contribute to school and community.

Evidence: Enrichment record sheet.

# **Reading Buddy**

Enrichment Level: Platinum, Gold, Silver or Bronze.

Description: Working with students lower down the school, you will volunteer some of your time in study periods and form times, to listen to younger students read. You will engage them in talking about reading and offer support for them if they are struggling.

Time Commitment: Anything from 20 minutes a week to an hour or more a week. This can contribute to work experience/volunteering hours.

Outcomes: Develop skills and gain experience to showcase on CVs and applications. Personal and social development. Giving something back to the school community.

Evidence: Enrichment record sheet and teacher register.

#### **Uniform Sustainability Project**

Enrichment Level: Platinum, Gold, Silver or Bronze.

Description: Our school has joined an online company to sell our 'Nearly New Uniform'. The company is called Uniformd - www.uniformd.co.uk. A team of Sixth Form students will be recruited to organise and project manage this sustainability project.

Time Commitment: Weekly. This can contribute to work experience/volunteering hours.

Outcomes: This enrichment activity offers a unique opportunity for hands on work experience and is particularly aimed at students wishing to pursue a career in the business, marketing or finance world.

Evidence: Enrichment record sheet and teacher register.

## **Bloom Wellbeing Programme**

Enrichment Level: Gold, Silver or Bronze - Thornleigh Special Recognition Award for high level achievement.

Description: A programme of personal development workshops (small groups of 15) aimed at equipping you with tools to build resilience, emotional wellbeing and find balance in your transition into A Level Study and your future next steps.

Time Commitment: 6 x 1-hour sessions (online and classroom-based).

Outcomes: Learn about wellbeing, work life balance, personal development.

Evidence: Completion Certificate.

# Sign Language

Enrichment Level: Platinum, Gold, Silver or Bronze.

Description: Our Sign Language sessions, delivered by one of our Social Science teachers, aims to teach you how to use British Sign Language (BSL) to communicate with deaf people on everyday topics involving social life and at work, school or college.

Time Commitment: 10 hours (10 weekly sessions).

Outcomes: Develop skills and work towards achievements to showcase on your applications and at interview.

Evidence: Completion Certificate and teacher register.

# **Student Magazine, Sports & Fitness and Chess Club**

Enrichment Level: Gold, Silver or Bronze.

Description: Sporting activities include football and monthly charity walks organised by the Medical Society and the Sixth Form student leadership team.

Students have the opportunity to run their own student magazine promoting the events and happenings at Sixth Form. This will include everything from interviews with teachers, to reviews of events during the year, to fun games, quizzes and more. The team will require a variety of skills across its members, from an artistic and creative eye for design, to budding photographers, to journalists and interviewers. Budding chess players will have the chance to compete on a weekly basis with peers.

Time Commitment: Weekly sessions.

Outcomes: Improve your fitness, develop your writing skills and improve your logic, problem-solving and reasoning skills.

Evidence: Enrichment record sheet and teacher register.

## **NCS Programme**

Enrichment Level: Platinum, Gold, or Silver.

Description: Phase 1 four days and three nights away from home, rock climbing, canoeing and archery and team building. Phase 2, spend three days developing skills and living independently, you'll learn essential life skills from local business leaders and charities, gain confidence in public speaking, communications skills and budgeting. Phase 3 head back home to launch a social action project based on an issue you feel passionate about. This is your chance to make a real difference in your community. Phase 4 celebration of success!

Time Commitment: 7-day residential plus social action project afterwards. This can contribute to work experience/volunteering hours.

Outcomes: Develop skills and gain experience to showcase on CVs and applications. Personal and social development.

Evidence: Completion Certificate.

# **Extended Project Qualification (EPQ)**

Enrichment Level: Platinum.

Description: Working to an assessment criterion and with guidance from a tutor, you will set your own question to investigate and learn how to research and write-up your project. You have the scope to research any area that interests you and you will need to present your work to the group. An opportunity for students to earn extra UCAS points, go beyond the requirements of the curriculum and to stand out and prepare for university or future employment. The EPQ requires a large amount of commitment, motivation and independent study, but is excellent preparation for the sort of work students will undertake at university. It is recommended that students spend approximately 100 hours working on their project throughout the year.

Time Commitment: Sessions to be confirmed over a year.

Outcomes: Qualification equivalent to half an A Level and so includes UCAS Tariff Points.

Evidence: Externally assessed coursework and final grade.

# **Duke of Edinburgh**

Enrichment Level: Platinum.

Description: An internationally recognised qualification that involves students developing physical, practical and social skills participating in an expedition and completing ongoing tasks. Students have the opportunity to complete their Bronze and possibly their Silver Award at college.

Time Commitment: This can contribute to work experience/volunteering hours.

Outcomes: Develop skills and work towards achievements to showcase on your applications and at interview.

Evidence: Successful completion of the Duke of Edinburgh Award.

#### **Gold Crest Award**

Enrichment Level: Platinum.

Description: CREST is a nationally recognised scheme for student-led project work in the STEM subjects (science, technology, engineering and maths). Students must complete a project that makes an original contribution to a STEM field of study and submit their findings via an online platform.

Time Commitment: 70 hours.

Outcomes: Students will hone their investigative skills and employ the scientific method to conduct their own piece of research. CREST Gold can be used by students to enhance their UCAS personal statements. The award is recognised and respected by universities and employers.

Evidence: Completion Certificate and Award.

# **Sporting Achievements and Forces Activities**

Enrichment Level: Thornleigh Special Recognition Award for high level achievement.

Description: The sporting or Cadet Forces activities you already participate in regularly can be recognised as contributing to Bronze, Silver or Gold awards. You may wish to join as a Cadet in any of the Forces, or a sports team at AHS in Post 16, try a new sport or pick-up a sport you have enjoyed before.

Time Commitment: 10 hours Bronze, 20 hours Silver, 30 hours Gold Excellence for platinum.

Outcomes: Develop skills and work towards achievements to showcase on your applications and at interview.

Evidence: Enrichment record sheet.

### **Evidencing Your Enrichment Portfolio**

The enrichment slot is P3 on a Wednesday afternoon and this will officially start during Week 3 in September. Evidence forms will be available through tutors who will help you to fill them out and when completed they will be passed to the Sixth Form Team who will verify them and issue the Awards achieved.

You should keep a written record on your enrichment record sheet and this can be either online or paper based.

### **Form Tutor Support**

Once every half term your form tutor will review your enrichment activity progress and planning during tutorial. This will support you in tracking, recording and providing evidence for your enrichment activities to include on your applications for your next steps. It also helps your tutor to write a well-rounded reference for UCAS, jobs or an apprenticeship.

### **What Next?**

- Think about what work experience/voluntary work you would like to get involved with. See Mrs Ogden or Mr Gleeson for more information on this.
- Go away and research the enrichment activities on offer.
- Complete the Enrichment Google Form that will be emailed to you indicating what you
  would like to sign up for.
- Keep an eye out on your email for in school volunteering opportunities.







