

Re-set, get ready and return!

Time Management

Tip 1

Write out or print your lesson timetable

Tip 2

Plan ahead – pack your school bag the night before

Tip 3

Go to bed at a reasonable time – aim for 8 hours sleep every night

Tip 4

Make good use of your travel time to school (read, use a quizzing App, listen to a podcast)

Tip 5

Submit all classwork tasks before the end of the lesson

Tip 6

Use your homework diary to record homework, assessments and key events

Tip 7

For every homework assignment you get, decide when you are going to start working on it

Tip 8

Reward yourself if you tick something off your ‘to-do’ list

