

Supporting young people to stay safe online

Current periods of remote learning has forced increased screen time for many children. This, coupled with restrictions of physical social contact, has undoubtedly caused an increased use of social media.

As a parent, you can have a vital part to play in helping children stay safe online and we encourage you to have regular conversations with your children about online safety and their rights and responsibilities.

For detailed support with helping your child stay safe online and to initiate these conversations, we would encourage you to visit the following websites:

CEOP's website: thinkuknow.co.uk

Reporting Abuse/Inappropriate Content: thinkuknow.co.uk

NSPCC website: NSPCC

Sexting: NSPCC

Childnet website: childnet.com

Parental Guides: saferinternet.org.uk

Safety Tools: saferinternet.org.uk

Social Media Parent Tips: internetmatters.org

It is important to undertake regular audits of your children's devices, ensuring you are fully aware of apps, gaming, social media and websites your children are accessing.

We would further encourage you to regularly check privacy settings on all devices and monitor content.

By having such conversations and better understanding the online world, you are helping to minimise the negative impact on your child and encourage healthy online use to maximise the benefits.

