JUNIOR
YEAR 5 & 6
SENIOR
YEAR 7-11
BEGINNERS WELCOME





# **MUSIC HOLIDAY CLUB**

12 **SESSIONS**: 10 AM - 3 PM

JULY 23, 24, 25, 29, 30, 31

AUGUST 13, 14, 15, 21, 22, 23













 $\mathbf{C} \mathbf{O} \mathbf{S} \mathbf{T}$ 

£20

PER DAY

INSTRUMENT WORKSHOPS | DIGITAL MUSIC SONG WRITING | SINGING | OUTDOOR ACTIVITIES ARTS & CRAFTS | WELLBEING

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**FULLY INSURED, QUALIFIED AND DBS STAFF** 



## **Rocklt Bolton Holiday Club**

LOCATION: The Ramp, Hampson Street, Horwich, Bolton, BL6 7JH

DATES: JULY 23, 24, 25, 29, 30, 31 AUGUST 13, 14, 15, 21, 22, 23

All Rockit staff are fully enhanced DBS, with a full safeguarding procedure. Sessions are coordinated by qualified teachers and therapeutic practitioners, and the Rocklt music mentor team. We are an award winning charitable music organisation specialising in music, postive wellbeing and community activity, and we work with many schools in Bolton to promote and support creative and postive engagement, including Rivington and Blackrod and St Josephs secondary schools.

#### Please see www.rockitbolton.co.uk

- The venue of the club is held in an old warehouse space in Horwich.
- Arrival time 10 am and pick up/home time is 3pm
- There will be groups spilt into junior / senior and beginners/intermediate

EXAMPLE OF TIMETABLE - subject to change	
10 - 10:15	Sign in / introduction to sessions
10:15 - 11:15	Carousel activities Drum pads / song lyric writing/ guitar workshop/ music design
11:15: - 11:30	Break / refreshments
11:30 - 12:30	Carousel activities Drum pads / song lyric writing/ guitar workshop/ music design
11:30 - 12:30	Vocal coaching
12:30 - 1:00	free time / music listening
1:00 - 2:00	Lunch
2:00 - 3:00	Walk / Wellbeing activities

### Walk activity (weather permitting)

We have a fully qualified walking leader for this activity, leading out the group to places around Horwich and Rivington. We will have access to a minibus so there may be a trip further afield if agreed.

#### Wellbeing activity

We will have mats and blankets on the floor to lie / sit on. The activities will include relaxing guided meditation, sound bowl therapy and wellbeing and positivity circles. There will be accessible wellbeing activities.