## Contemportation Salesian College

# PE KS4 Learning Journey

### Top 3 tips for parents and carers during KS4

- Encourage your child to be training and competing regularly in 3 different activities.
- ✓ Buy a revision guide early and get into the habit of using it regularly to support class/home work.
- Test your child on their definitions and key terms using revision cards.

#### What's your Plan A?

FE: BTEC National in Sport or A Level PE HE: Sport Science, Physiotherapy, Sport Studies, PGCE, Sports Management/Marketing

Psychologist.

#### Online learning during KS4

GCSE Pod

Seneca Learning

AQA Specification

AQA Past Papers

BBC Bitesize

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#### PPE preparation for KS4

Engage in low-stakes quizzes, practice all styles of past-paper questions, remain engaged in practice/competition in 3 different activities, use GCSE Pod to assist in learning information, learn keyterms/definitions, watch regular sport to be able to link work to various sporting examples.



#### Study skills for KS4

Regular low-stakes quizzes, definitions/key-terms, prepare for 2 exam papers which are 75mins long worth 78 marks each, practice 9 mark questions, complete coursework (NEA) early, attend regular practices and compete in school and out-of-school in 3 different physical activities.

