

**Year 13 Parents & Carers
IAG Evening**

**Tuesday 26th September 2023
6-7pm**

Tutor groups

13.2 Mr Gavin

13.3 Ms Bailey

13.4 Mr Cox

13.5 Dr Smethurst

13.6 Ms Topham

13.7 Ms Lyon



The year ahead...

5th Sept = applications can be submitted to UCAS

w/c **11th Sept** = In-class teacher assessment

w/c **25th Sept** = UCAS predictions

29th Sept = First draft personal statement

16th Oct = Early entry applications

27th Oct = Final draft personal statement

w/c **6th Nov** = PPE series 1 and progress data

7th Dec = Year 13 Consultation

31st Jan = UCAS equal consideration deadline for all other applications

30th Jan = Parents Evening

28th Feb = UCAS Extra Opens

w/c **11th Mar** = PPE series 2 and progress data

16th May = Universities have to make decisions on applications

6th June = Students have to reply to Uni decisions

5th July = Clearing opens

Timings of the day

8:40 Coaching

9:05 Period 1

10:40 Break

11:00 Period 2

12:35 Lunch Yr 7, 9 and 11
Tutor time Yr 8, 10 and Sixth Form

13:05 Lunch Y8, 10 and Sixth Form
Tutor time Y7, 9 and 11

13:35 Period 3

15:10 Home time

The most successful students remain on site between 8.40am and 3.10pm and utilise all non-contact time effectively.



Expectations

- We expect that students are on site for **8.40am** for their identified coaching session and by 9am on any other day, even if they don't have a lesson period 1.
- Students are expected to swipe in with their **ID badge** and swipe out when they leave.
- Students can go **off site at lunchtime** but must return by 1.35pm.
- If students do not have a lesson **period 3** then they are free to leave at 2.20pm.
- Try and avoid making appointments during the college day. Driving lessons should not be booked during college time

Expectations

- This year will be tougher than Year 12
- Increased expectation of independent work
- 4 hours per subject per week - self study periods and at home
- PPE preparation should have started - info to follow
- Assessments in class across Year 13

Coaching

Every student will have the opportunity to meet with their group tutor at least twice across each half term.

- Offer advice, guidance and support
- Liaise with parents and teachers
- Set and monitor targets including attendance, organisation, independence and PPE preparation

Attendance

- Attending college regularly and being on time is an essential requirement for success.
- Students should aim to have **at least 95% attendance** if they are going to fulfil their potential at Sixth Form. Attendance has a big impact on future achievement.
- Students should only stay off school if they are very unwell.
- If they are unwell in the morning then please phone the main school reception number before 8.40am.
- If they are unwell during the day, then they should not leave without informing a member of the Sixth Form team.
- Punctuality to lessons is essential and all lateness will be recorded and monitored.

Revision strategies

Biology, Chemistry, Physics, Maths, Economics and Psychology students have access to **Up Learn**.

Cornell notes

Mind maps

YouTube

Flash cards

Past papers/mark schemes

Revision guides

Subject specific websites

Assessment Schedule

Week beginning 6th November – **PPE 1**. Revision/preparation over the October half-term break. Past paper questions under full exam conditions.

Between **December and February**, each subject will conduct a minimum of **3 internal assessments**. Teachers will provide feedback and set targets.

Week beginning 11th March – **PPE 2**. Revision/preparation over the February half-term break. Past paper questions under full exam conditions.

Assessments

What if my child underperforms in an assessment?

It's not the end of the world! **But...**

We want our students to show the **determination** to get **better**.
Support from:

- the class teacher
- group tutor
- pastoral team

Working in **partnership** with parents.



Super Curricular Activities

MOOCs - Massive Open Online Courses

The University of Queensland: Introduction to Clinical Psychology

★★★★★ **4.8 stars** 10 ratings

Learn about the principles underlying psychological therapy and the features and treatment of common mental disorders, including anxiety, depression and schizophrenia.



7 weeks

1-2 hours per week



Self-paced

Progress at your own speed



Free

Optional upgrade available

Other opportunities

Development and personal statement building:

- Work experience and volunteering
- Online lectures and podcasts
- Sign Language Qualification
- Bloom's Wellbeing Programme
- Uniform Sustainability Project
- Academic reading
- Leadership responsibilities
- Charity work
- The EPQ

Upcoming Trips

Manchester Crown Court and Police Museum - October 2023

Shrewsbury Prison - February 2024

Parliament - March 2024

Krakow, Poland - Easter 2024





All students have had information sessions on UCAS and the process they have to go through.

- Apply at www.ucas.com
- Complete several sections:
 - Personal Details
 - Choices – get 5 (4 for some)
 - Education
 - Employment
 - Personal Statement

Types of University

UCAS



Ancient

Built in the 1400s and 1500s.
Eg. Oxford, Cambridge, Edinburgh



Redbrick

Big city universities, built in 1800s
Eg. Liverpool, Leeds, Birmingham



Campus

Out of town, huge student villages
Loughborough, Lancaster, Keele



Modern

Used to be 'polytechnics'
Eg. Manchester Met, Sheffield Hallam, Leeds Beckett

Russell Group Universities

UCAS



UNIVERSITY OF
BIRMINGHAM



THE UNIVERSITY
of EDINBURGH



UNIVERSITY OF LEEDS



UNIVERSITY OF
OXFORD



University of
BRISTOL

UNIVERSITY OF
EXETER

MANCHESTER
1824

The University of Manchester

UCL



UNIVERSITY OF
CAMBRIDGE



Imperial College
London



Newcastle
University

WARWICK
THE UNIVERSITY OF WARWICK



Durham
University

KING'S
College
LONDON



The University of
Nottingham



UNIVERSITY
of York

Which course and why?



A degree is...

- A 3 year course
- Awarded with 'bachelor' status

(BA = bachelor of the arts, BSc = bachelor of science)

- Graded as... 1, 2:1, 2:2 or 3.

There are about 3000 different ones!

A foundation degree is...

- A 2 year degree course
- More vocational in focus
- At same level as a HND, just below a Bachelor degree

A foundation course is...

- A 1 year course
- Practical course
- Aimed at preparing students for a degree in that subject
- Common requirement for an Art degree

UCAS points tariff



Grade	A LEVEL	Grade	BTEC
A*	56	D*	56
A	48	D	48
B	40		
C	32	M	32
D	24		
E	16	P	16

What they want to see



Psychology

- At Least **BBC** – sometimes as high as **AAA**

Primary Teaching

- At least **BBC** – sometimes **AAB**

Medicine

- At least **AAA** - sometimes **A*AA**

What does this mean for your son or daughter?



Our advice to all students is that they choose:

- One course that is asking for grades **slightly higher** that they are predicted
- Three courses that are roughly **at their predicted grades**
- One course that is asking for **less than** their predicted grades, as an insurance choice

Six steps to a UCAS applicants journey



STEP 1 Choosing courses

STEP 2 Applying

STEP 3 Offers

STEP 4 Results

STEP 5 Next steps

STEP 6 Starting university or college

1 - Choosing a Course - Your son or daughter uses Course Finder at www.ucas.com to find out which courses might suit them and the universities and colleges that offer them.

2 - Applying - Your son or daughter can apply for up to five courses using the online application system

3 - Offers - Your son or daughter can check the progress of their application using Track at www.ucas.com, which will be updated as they receive decisions from universities and colleges.

Currently.....

- Students are drafting their personal statements.
- This is all being done on a platform called **Unifrog**.
- They have **4000 characters** to outline why they want to study a particular course or go down a particular career path, demonstrate their passion for the subject and the evidence they have to support this – basically, they need to sell themselves to an admissions tutor.
- Group tutors are currently aiding students with first drafts.
The deadline for final drafts is 27th October.

Other key dates

- **16th October 2023** - 2024 entry deadline for the universities of Oxford and Cambridge, and most courses in Medicine, Veterinary Medicine/Science, and Dentistry.
- **31st January** - 2024 entry deadline for most conservatoires.
- **31st January** - 2024 entry deadline for all undergraduate courses, except those with a 16 October deadline.

Apprenticeships and employment

- The alternative destination after Sixth Form would be an Apprenticeship or going in to employment.
- The students who indicated an interest in Apprenticeships at the end of year 12 had some bespoke support from ASK Apprenticeships.
- Applications tend to open between **September** and **March**.
- All students have been offered an appointment with a careers advisor also.

For future reference...

- UCAS Extra - opens 28th February 2024 - closes 4th July
- Clearing - opens 5th July 2024
- Student finance – including bursaries, scholarships, loans *

* For more information in the meantime visit: [The big fat guide to student finance](#)

Introduction to apprenticeships

For students

THE
ASK
PROGRAMME

APPRENTICESHIPS
TRAINEESHIPS
T LEVELS



What are apprenticeships?



Employed



Off the job



Intermediate – degree
level



Paid a salary



Typically 1-6 years



Real responsibilities



Contract

600+

600+
standards

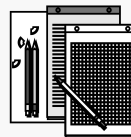


Not the easy option

How does the off the job training work?



Workplace Learning



Where you spend 80% of
your time

Classroom Learning



20% spent in a traditional
classroom learning
environment

Online Learning



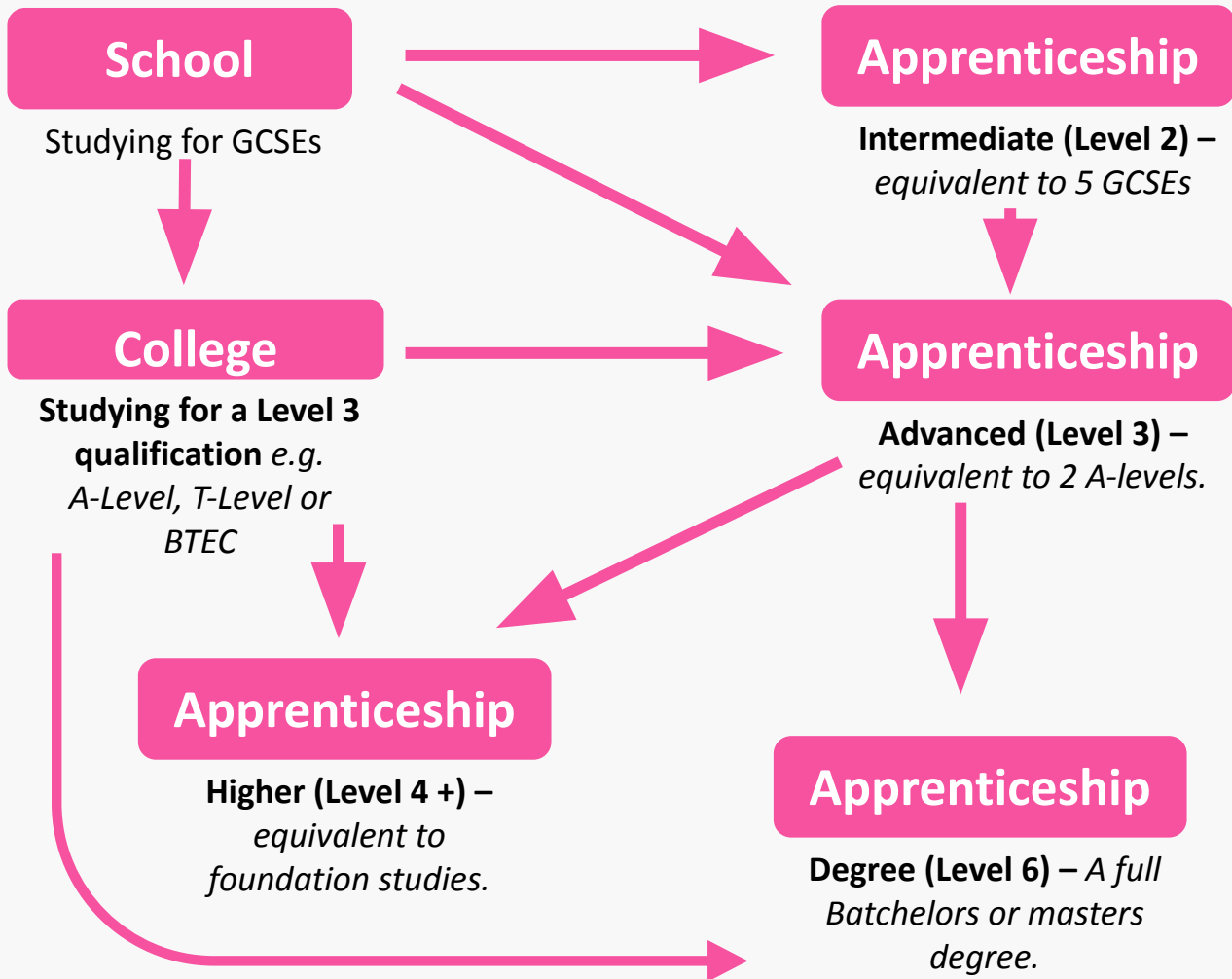
20% learning done
through tasks with meet
ups with tutors

College or Training Provider



20% that could be a
week-long block in a
4-week period

The levels of apprenticeships



Higher & Degree apprenticeships



Work full time and study part-time



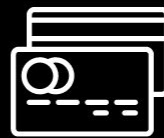
Learning



Salary



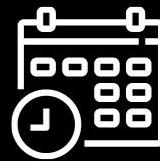
No debt



NUS



Experience



4-6 Years



University fees paid by employer and/or
government

100+ Universities offer apprenticeships

Ranges of apprenticeships



Aviation



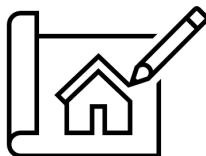
Nurse



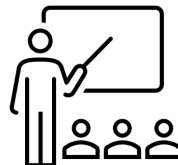
Hairdresser



Paralegal



Quantity
Surveyor



Early Years
Practitioner



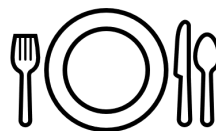
Aerospace
Engineer



Paramedic



Chef



Dietician



Beauty
Therapist



Business
Admin



Career Starter Apprenticeships



12 career starter apprenticeships have been identified and guides have been created:

- Freight Forwarding Specialist
- Healthcare Support Worker
- Engineering Fitter
- Business Administrator
- Information Communications Technician
- Chef
- Hospitality Team Member
- Data or Software Technician
- Electrician
- Plumber
- Teaching assistant
- Early Years Educator

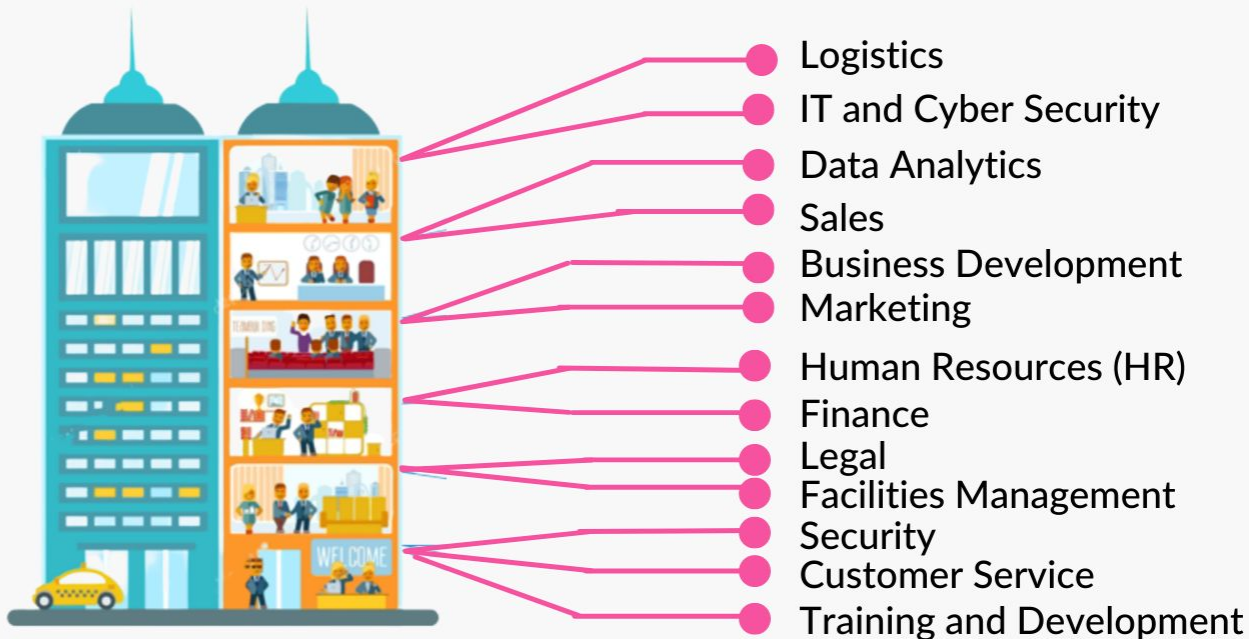
With more coming in summer 2023:

- Warehouse operative
- Dental nurse
- Digital support technician
- Cyber security technician
- Horticulture or landscape operative
- Content creator
- Bricklayer
- Plasterer

Which employers offer apprenticeships?



Look inside the company



Apprenticeships in the local area



Job opportunity	Level	Closing date	Annual salary
Engineering Technician, Sunbelt Rentals UK	Advanced	2 nd Oct	£14,000
Paralegal Apprenticeship, Masaud Solicitors	Advanced	6 th Oct	£12,000
Software Developer, Moorcroft Group PLC	Higher	12 th Oct	£18,000
ACCA Accounts Apprentice, Axis Accounting	Higher	20 th Oct	£16,500
Manufacturing Degree Apprentice, Morrisons	Degree	25 th Feb	£22,000
Chemistry Degree Apprentice, BYK Additives	Degree	30 th Sept	£17,359

How do you find an apprenticeship?



Register on Find
An Apprenticeship



Manage your alerts



Do your research



Contact companies



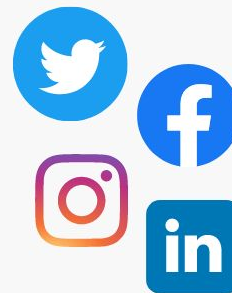
Search and apply

To find an
apprenticeship
visit [GOV.UK](https://www.gov.uk)

Where else to look?



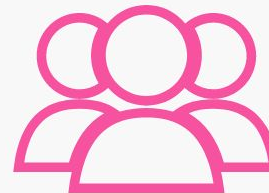
The company
website



Social media



Higher and
Degree



Your family
or friends

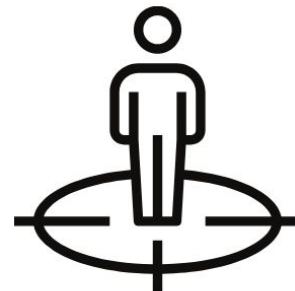
How can I tell if it's a good apprenticeship?



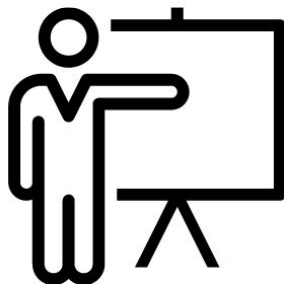
Wage



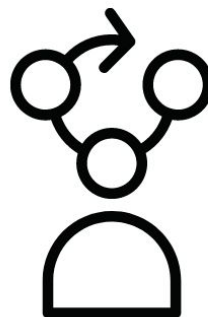
Progression



Job Description



Training
Providers



Varied Role



Ethos and
Values



What can students start doing now?



Prepare a CV and
update it regularly to
fit the role that's
being applied for.

Look for work
experience
opportunities or part
time jobs

Start having a look at
find an
apprenticeship, not
going to uni, get my
first job and UCAS.

Be ready to apply for
degree
apprenticeships from
September, for the
following September



Simple practical steps to try out to get a good nights sleep

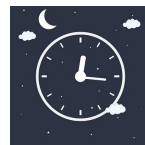


Switch off technology/phones at least one hour before bed to avoid stimulation from the blue-light emitting from technology.

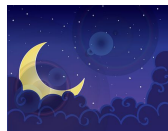


Reading books, a warm shower or bath, listening to relaxing music, have a warm beverage such as a non-caffeinated herbal tea

Setting up a **bedtime routine** to signal to your body that you are making your way to bedtime.



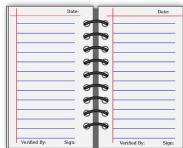
Being consistent with a sleep/wake routine. Getting sunlight within a few hours of waking helps to set your body clock, even if just for 15 minutes daily.



Meditation. Close your eyes for a few minutes each day and just focus on breathing. You don't need to do anything else but witness your thoughts and feelings.



Write your feelings on paper. Journal how the day went, self reflection and re-read them to see what kind of positive or negative state your mind is in will help ease stress and “get things out of your head”



COMMON SOURCES OF STRESS

Emotional

Peer pressure on social media

Pressure to deliver in exams

Conflicting values and beliefs

The Environment & Society

Not being able to get a job

Not wanting to disappoint family

Not having a suitable working environment at home

Discrimination in school or the workplace

Physical

Poor diet

Staying up late at night to study

Misuse of substances

Not having a routine

Events in life

Parents divorcing or separation

Illness

Changing home or school

A bereavement in the family or a friend

Managing stress

FURTHER INFORMATION ON THIS TOPIC CAN BE FOUND HERE:

- ❑ **VISIT www.mentalhealth.org.uk/ (Offering support and research for all forms of mental health)**
- ❑ **CALL 0300 123 3393 or TEXT 86463 (Mind Info line for all topics surrounding mental health)**
- ❑ **VISIT WWW.NHS.UK/LIVE-WELL (ADVICE TO HELP YOU MAKE THE BEST CHOICES ABOUT YOUR HEALTH AND WELLBEING)**

Links for parents/carers

1. [Independence and communication](#)
2. [Grades and coping with pressure](#)
3. [Graduate Careers Live: 05/10/23, 2pm](#)
4. [Parents guide to teenage stress and anxiety](#)
5. [How to help your child with their revision](#)