



# Personal Development Journey

## Year 12



SKILLS DEVELOPED

TEAMWORK & LEADERSHIP

PUBLIC SPEAKING

PROBLEM SOLVING

CREATIVITY & INNOVATION

DECISION MAKING

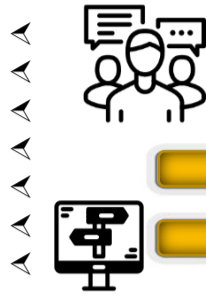
RESILIENCE & STAYING POSITIVE

PLANNING & ORGANISATION

SKILLS DEVELOPED

YEAR 13

Planning for the Future  
Personal Branding  
Writing a Personal Statement  
CV Writing  
Making Applications  
Preparing for an Interview  
What is an entrepreneur?



GATSBY BENCHMARKS - CAREERS -

EMPLOYMENT

CAREERS

CAREERS

YEAR 12

YEAR 12

POSITIVE WELLBEING

STATUTORY HEALTH & RSE

PSHE

CITIZENSHIP

Dealing with Depression  
Stress and Performance  
Supporting Someone with Anxiety  
Balancing Work and Life  
Cancer and Getting Checked  
Maintaining Positive Mental Health

Taxes in the UK  
Banks and Money  
Types of Employment  
What is Debt?  
Income and State Benefits  
Types of Insurance



CITIZENSHIP

BRITISH VALUES

PERSONAL FINANCE

YEAR 12

YEAR 12

HEALTH & WELLBEING

STATUTORY HEALTH & RSE

PSHE

Health and Wellbeing  
Healthy Eating and Cholesterol Levels  
Immunisation and Vaccines  
Healthy Eating Habits  
Dental Hygiene  
Eating Disorders

Drugs: Alcohol and Staying Safe  
Substance Misuse  
Drugs and their Effects  
Spice – A Synthetic Cannabinoid  
Drugs and their Classifications  
Exploring LSD  
Exploring MDMA – Ecstasy  
Exploring Drugs Through Video



STATUTORY HEALTH

DRUGS EDUCATION

DRUGS & RISK EDUCATION

YEAR 12

YEAR 12

DIVERSITY, SAFETY & HEALTH

STATUTORY HEALTH

PSHE

WELLBEING

LGBTQ – Equality in the UK  
Toxic Masculinity  
Carrying a Knife  
Dealing with Anger  
What is Cancer?  
Medical Ethics and Blood Donation  
Gaslighting and Emotional Abuse

WELCOME

RSE COMPLIANT

HEALTH COMPLIANT

GATSBY BENCHMARKS

### SPIRAL THEMATIC APPROACH

- 1) DIVERSITY, SAFETY & HEALTH
- 2) DRUGS & RISK EDUCATION
- 3) HEALTH & WELLBEING
- 4) PERSONAL FINANCE
- 5) POSITIVE WELLBEING
- 6) CAREERS

### PERSONAL DEVELOPMENT

#### ASSESSMENT & PROGRESS IN PSHE

- ✓ Confidence Checkers
- ✓ End of Unit Quizzes
- ✓ Assessments





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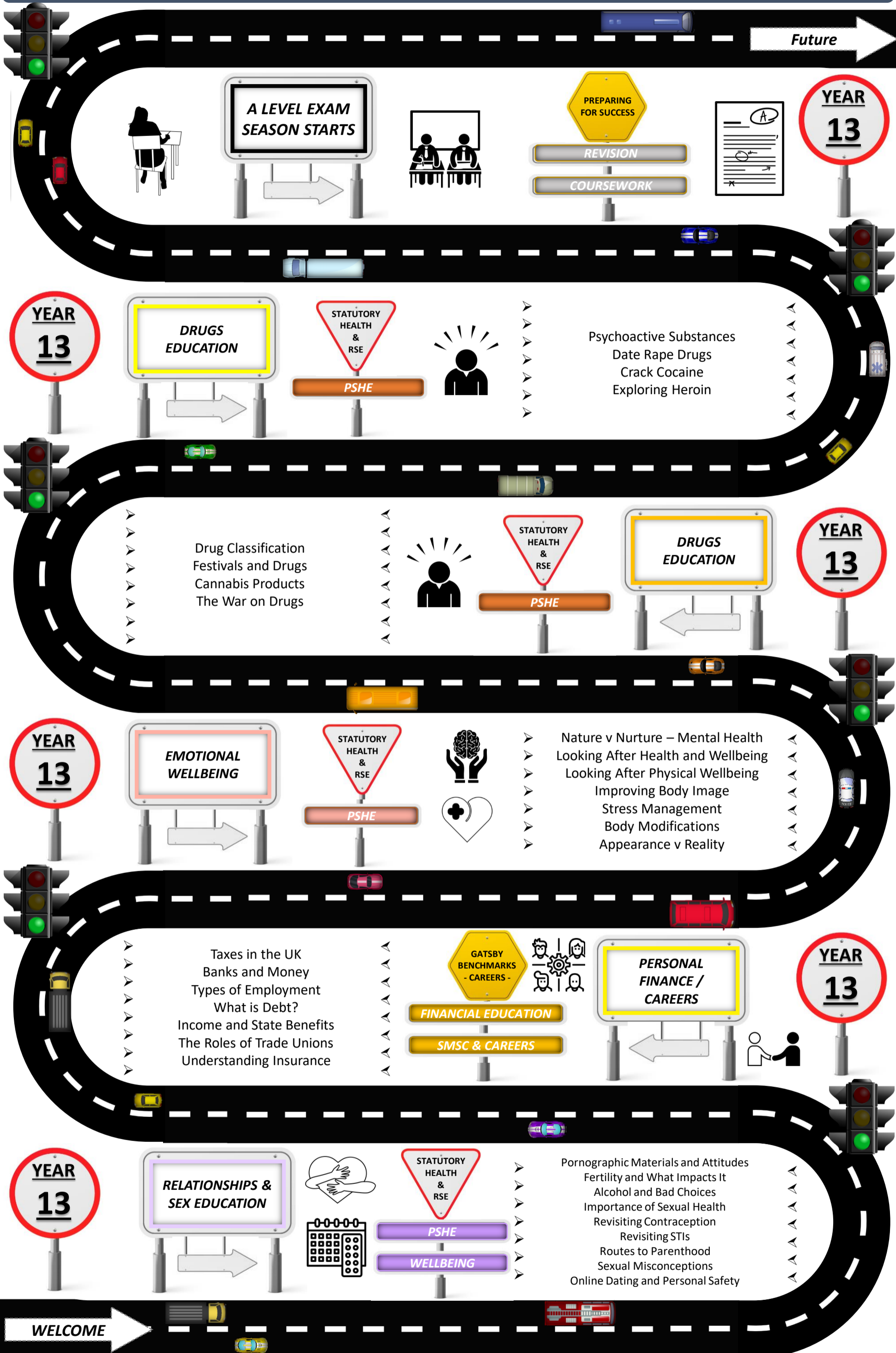
CREATIVITY & INNOVATION

DECISION MAKING

RESILIENCE & STAYING POSITIVE

PLANNING & ORGANISATION

SKILLS DEVELOPED



- RSE COMPLIANT
- HEALTH COMPLIANT
- GATSBY BENCHMARKS

- SPIRAL THEMATIC APPROACH**
- 1) RELATIONSHIPS & SEX EDUCATION
  - 2) PERSONAL FINANCE / CAREERS
  - 3) EMOTIONAL WELLBEING
  - 4) DRUGS EDUCATION
  - 5) DRUGS EDUCATION
  - 6) A LEVEL EXAM SEASON STARTS

- PERSONAL DEVELOPMENT**
- ASSESSMENT & PROGRESS IN PSHE**
- ✓ Confidence Checkers
  - ✓ End of Unit Quizzes
  - ✓ Assessments
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